

2026-2027 RPN Self-Assessment

Full Name:

Registration Number:

Practice Setting:

Role:

The self-assessment portion of CCP does not need to be handed in annually. However, it should be kept in your personal files. The document can be saved digitally or as a paper copy.

Step 1: Document Review

The following documents are available on the College website and reviewing them on a regular basis helps to ensure you are up to date. This table can help keep track of when you last reviewed them.

Document	Date Reviewed
Standards of Practice for Registered Psychiatric Nurses	
Code of Ethics	
Registered Psychiatric Nurse Entry-Level Competencies	
Confidentiality and Privacy Practice Directive	
Virtual Care Practice Directive	
Documentation Practice Directive	
Medication Management Practice Directive	
Social Media Practice Directive	
Duty to Provide Care Practice Directive	
Therapeutic Nurse-Client Relationship Practice Directive	
Duty to Report Guidance Document	
Multidisciplinary College Guidance Document	
Self-Regulation Guidance Document	
Acceptable Behavior and Communications Policy	
Conduct Unbecoming Policy	
Performing a Psychosocial Intervention Practice Directive	

If you are self-employed or practice independently, please also review the following documents:

Document	Date Reviewed
Self-Employed Practice Directive	
Advertising Practice Directive	

The lists provided above are not exhaustive; there may be other documents that are important to your specific practice. Please refer to the Professional Practice tab on PEICNM's website.

Step 2: Reflect on your Practice

Reflect on your practice and rate yourself on a scale of 1-5 for each question below. You can use the space at the end of this section to write notes if needed.

For the purpose of the CCP, the term *client* includes individuals, families, groups, or communities who receive nursing services. For nurses practicing in non-clinical roles, such as education or administration, the client refers to the recipient of professional services.

You will note there is not an option for “not applicable” as these indicators are the minimal practice expectations for all RPNs in Prince Edward Island, regardless of practice setting, and therefore all indicators should apply. If you feel like an area is not applicable to your practice, please contact the Director of Professional Practice at PEICNM to further discuss.

Standard 1:

Therapeutic Relationships	Basic	Intermediate	Advanced
Continually applies the therapeutic use of self within professional practice.			
Recognizes and addresses power imbalances in therapeutic relationships.			
Ensures client needs remain the focus of the therapeutic relationship.			
Does not exploit the vulnerability of persons encountered through their practice.			
Will not engage in any sexual behaviour while in a therapeutic relationship with a client, with or without consent.			
Will not enter into a close personal or intimate relationship with a client or a former client who has received psychotherapeutic treatment from the RPN.			
Uses professional judgment, effective communication and interpersonal skills, and practices with integrity to establish, maintain and terminate the therapeutic relationship.			

Recognizes and addresses transference and countertransference and their impact on the therapeutic relationship.			
Applies critical thinking and professional judgment in therapeutic relationships.			
Establishes and negotiates boundaries in therapeutic relationships.			
Practices according to the principles of informed consent and confidentiality.			
Will make best efforts to find suitable alternatives to treating their own family or friends.			
Develops partnerships using a client-centered, integrated and holistic approach.			

Standard 2:

Competent, Evidence-Informed Practice	Basic	Intermediate	Advanced
Applies evidence-informed knowledge, skill, critical thinking and professional judgment to assess, plan, implement, and evaluate in the practice of psychiatric nursing.			
Incorporates evidence-informed knowledge to promote safety and quality in psychiatric nursing practice.			
Uses communication skills effectively.			
Integrates cultural competence and cultural safety into their practice.			
Recognizes potential risks and hazards and implements interventions to promote a safe environment.			
Integrates infection prevention and control principles in providing psychiatric nursing care.			
Documents the application of the clinical decision-making process in a responsible, accountable and ethical manner.			
Applies documentation principles to ensure effective written/ electronic communication.			
Remains current in knowledge relevant to their practice.			
Incorporates knowledge of therapeutic modalities and conceptual models of psychiatric nursing.			
Coordinates client care and/or health services throughout the continuum of care.			

Establishes, maintains and coordinates a plan of care based on a comprehensive psychiatric nursing assessment.			
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Standard 3:

Professional Responsibility and Accountability	Basic	Intermediate	Advanced
Practices in accordance with all relevant legislation and regulation.			
Understand and apply applicable practice directives to my practice.			
Exercises professional judgment when agency policies and procedures are unclear or absent.			
Assumes responsibility and accountability for continuing competence, and for meeting continuing competence requirements.			
Seeks out the necessary resources using skill and professional judgment to address personal and professional limitations.			
Recognizes the competences and limitations of colleagues and/or students when assigning responsibilities.			
Responds to and/or reports unsafe practice, professional incompetence, professional misconduct, and incapacity or fitness-to-practice issues to the appropriate authority.			
Complies with any legal duty to warn and report, including abuse or potential harm to the public.			
Self-reports to PEICNM conditions that compromise their fitness to practice.			
Uses technology, electronic communication and social media responsibly and professionally.			

Standard 4:

Leadership and Collaboration	Basic	Intermediate	Advanced
Engages in practices that promote physical, environmental and psychological safety.			
Evaluates the effectiveness of interventions in psychiatric nursing practice.			

Participates in quality improvement activities to initiate change in psychiatric nursing practice and in the health care system.			
Collaborates with client, team members, families and other stakeholders to develop comprehensive psychiatric nursing care to achieve the client's health goals.			
Mentors' colleagues and stakeholders for the advancement of psychiatric nursing practice and quality health care.			
Promotes collaborative practice among health care professionals through respectful working relationships and appropriate documentation practices.			
Acts as a leader, teacher and role model to students, beginner practitioners and colleagues, supporting, instructing and/or mentoring them in their professional development.			
Takes action to resolve professional practice issues.			
Collaborates with and advocates for clients.			
Demonstrates professional leadership through: • Building trusting relationships • Creating empowering environments • Supporting knowledge development and integration within the health care team • Advancing psychiatric nursing practice and quality health care • Leading and sustaining change and balancing competing values and priorities			

Standard 5:

Professional Ethical Practice	Basic	Intermediate	Advanced
Practices with honesty, integrity and respect, demonstrating the ethics, standards, guidelines and values of the profession.			
Applies the Code of Ethics in all areas of their practice.			
Identifies the effect of their own values, beliefs and experiences in relationships with clients, recognizes potential conflicts, and takes action to prevent or resolve them.			

Applies ethical and legal considerations in maintaining confidentiality in all forms of communication.			
Supports the human, legal and moral rights of clients, including the right to make informed decisions and the right to live at risk.			

Step 3: Summarize

Use this space to identify strengths, areas for improvement and any plans to improve your scores. This information can be used to develop your learning plan.

Acknowledgement:

Aspects of this self-assessment tool have been adapted from the College of Registered Psychiatric Nurses of Manitoba and the Nova Scotia College of Nurses.