

2026-2027 NP Self-Assessment

Full Name:

Registration Number:

Practice Setting:

Role:

The self-assessment portion of CCP does not need to be handed in annually. However, it should be kept in your personal files. The document can be saved digitally or as a paper copy.

Step 1: Document Review

The following documents are available on the College website and reviewing them on a regular basis helps to ensure you are up to date. This table can help keep track of when you last reviewed them.

Document	Date Reviewed
Standards for Nursing Practice -Registered Nurses (all NPs are responsible for both the RN Standards and NP Standards)	
Standards for Nursing Practice – Nurse Practitioner	
Code of Ethical Conduct	
Entry Level Competencies for Nurse Practitioners	
Confidentiality and Privacy Practice Directive	
Virtual Care Practice Directive	
Documentation Practice Directive	
Medication Management Practice Directive	
Social Media Practice Directive	
Duty to Provide Care Practice Directive	
Therapeutic Nurse-Client Relationship Practice Directive	
Duty to Report Guidance Document	
Multidisciplinary College Guidance Document	
Self-Regulation Guidance Document	
Acceptable Behavior and Communications Policy	
Conduct Unbecoming Policy	
Admission and Discharge Practice Directive	
Ending the NP-Client Relationship Practice Directive	
MAID: Roles & Responsibilities for the NP Practice Directive	
NP Controlled Drugs and Substances Notification Policy	

If you are self-employed or practice independently, please also review the following documents:

Document	Date Reviewed
Self-Employed Practice Practice Directive	
Advertising Practice Directive	

If you practice medical aesthetics, please also review the following documents:

Document	Date Reviewed
Aesthetic Nursing Practice Directive	
IV Therapy and Wellness Infusions Practice Directive	

The lists provided above are not exhaustive; there may be other documents that are important to your specific practice. Please refer to the Professional Practice tab on the PEICNM website.

Step 2: Reflect on your Practice

Reflect on your practice and rate yourself on a scale of 1-5 for each question below. You can use the space at the end of this section to write notes if needed.

For the purpose of the CCP, the term *client* includes individuals, families, groups, or communities who receive nursing services. For nurses practicing in non-clinical roles, such as education or administration, the client refers to the recipient of professional services.

You will note there is not an option for “not applicable” as these indicators are the minimal practice expectations for all NPs in Prince Edward Island, regardless of practice setting, and therefore all indicators should apply. If you feel like an area is not applicable to your practice, please contact the Director of Professional Practice at PEICNM to further discuss.

1- Not at all

5-always

Professional Practice	1	2	3	4	5
I understand and apply applicable practice directives to my practice.					
I understand and apply applicable provincial and federal legislation to my practice.					
I take responsibility for my own actions and decisions.					
I ensure I have the necessary physical, mental or emotional capacity to practice safely and competently.					
I acknowledge my limitations in skill, knowledge and judgment and practice withing those limitations.					
I manage my workload effectively to meet the needs of my clients.					
I respect and welcome the opinions, values and beliefs of others.					
I demonstrate professional behaviours.					
I promote a practice environment that supports responsibility, professional development and a respectful attitude.					
I establish and maintain appropriate therapeutic nurse-client and/or professional colleague relationships.					
I act as a mentor, preceptor and/or resource to students, nursing colleagues and other members of the health-care team.					
I identify professional practice issues and work to resolve them when identified.					
I understand when I have a duty to report.					
I take action to develop and ensure that I have the competence required to meet the needs of my clients.					
I use current, evidence-informed knowledge to improve and enrich my competence in nursing practice.					
I protect the privacy and confidentiality of information and my clients.					
I demonstrate critical inquiry in planning for client needs and evaluating care (or services) provided.					

1- Not at all

5- Always

Professional Communication	1	2	3	4	5
I introduce myself by my full name and designation					
I communicate and share the nursing perspective with the client, other health-care professionals and the public.					
I communicate (in all its forms) and collaborate with the client and other team members in a timely manner to promote continuity and delivery of safe, competent, and ethical care.					
I identify barriers to clear communication and take steps to manage them.					
I follow PEICNM's Documentation Practice Directive.					

1-Not at all

5- Always

Ethical Practice	1	2	3	4	5
I respect clients' dignity.					
I provide inclusive and culturally safe care by practicing cultural humility.					
I provide compassionate, safe, and competent care.					
I work respectfully with the health care team to best meet clients' needs.					
I act with integrity in clients' best interest.					
I maintain public confidence in the nursing profession.					
I communicate with others and problem solve when needed to ensure that clients receive safe, competent, and ethical care.					
I intervene when unsafe or unethical practice is identified.					
I follow policies and procedures when communicating with others (eg: when using email, fax, webinar, social media).					
I consult or collaborate with others to analyze and plan for complex issues.					

1- Not at all

5- Always

Client-Centered Practice	1	2	3	4	5
I apply the nursing process framework in my practice, whether I am working in a clinical, administrative, education or research domain.					
I provide client-centered care based on the client's needs, language, health literacy, abilities and culture.					
I support my client in making informed decisions by providing information, resources and referrals as needed.					
I support culturally safe practice environment(s).					

1- Not at all

5- Always

Collaborative Care	1	2	3	4	5
I work collaboratively and cooperatively with clients and colleagues in providing for the needs of the client.					
I understand my role within the practice setting and context that I work in.					
I understand the role and recognize the skill, knowledge and judgment of those that I collaborate with.					
I explain to the client (or their representative) my role and responsibility in the context of my practice environment.					
I comply with employer policies, procedures and protocols in place at my practice setting.					
I adhere to my responsibilities when assigning work to others.					

1- Not at all

5- Always

Practice Environment	1	2	3	4	5
I follow infection control procedures.					
I identify safety concerns in the environment.					
I take action to prevent harm from any safety concerns in the environment.					
I report near misses and errors to the appropriate individuals.					

The remainder of the self-assessment section is for NPs who work in clinical practice. It may not be relevant for NPs who work in the domains of education, administration, or research.

1- Not at all

5- Always

Clinical Practice	1	2	3	4	5
The care I provide includes:					
An assessment to determine the needs and circumstances of the client.					
A care or treatment plan with the client and any other person who the client wishes to involve, which takes into account the client's needs, circumstances, preferences, values, abilities and culture.					
An evaluation of the outcomes of the care or treatment plan and the modification or discontinuance of the care or treatment plan as required and as discussed with the client.					
Sufficient and timely communication with the client that takes into account the client's needs, circumstances, understanding and use of health information and enables the client to make informed decisions about the client's health care.					
A referral of the client to another health-care professional when appropriate.					
Support for the client in self-management of their health care by providing information, resources, and referrals to enable informed decision-making by the client.					

1- Not at all

5- Always

NP Knowledge, Skill and Judgment	1	2	3	4	5
I synthesize relevant knowledge with use of critical inquiry (eg: developmental and life stages, pathophysiology, psychopathology, pharmacology, epidemiology, environmental exposure, infectious diseases, behavioural sciences, demographics and family processes).					
I conduct thorough and accurate assessments, history taking and consultation with clients.					
I ensure an appropriate plan of care is developed in consultation with the client, family and other health care professionals as needed, including a plan for follow up / evaluation.					

I use current evidence related to my additional knowledge to support safe practice.					
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1- Not at all

5- Always

Consultation and Collaboration	1	2	3	4	5
I indicate the role and responsibilities of an NP as a member of the health care team.					
I collaborate to facilitate critical inquiry in my practice.					
I consult with other health-care professionals according to my practice setting and client needs and in a timely manner.					
I establish appropriate methods for keeping health-care professionals informed about mutual clients' health conditions and/or treatment decisions.					
I maintain accurate information about my current employer and work contact information with PEICNM and other relevant health-care partners.					

1- Not at all

5- Always

Prescribing	1	2	3	4	5
I prescribe drugs for clients for whom I have relevant knowledge of the client's health history based on assessment.					
I complete prescriptions accurately, completely and legibly.					
I educate clients about prescription and non-prescription drugs.					
I monitor the client's response to drug therapy and based on the client's response I decide to continue, adjust, withdraw the drug or consult with another health-care professional.					
I document the client's response to drug therapy including a record of all prescriptions and refills.					
I securely store blank prescriptions.					
I do not prescribe for myself or family members.					
I monitor adverse drug reactions and report in accordance with Health Canada reporting requirements.					

1- Not at all

5- Always

Ordering Screening & Diagnostic Tests	1	2	3	4	5
I only order screening and diagnostic tests to: a) Confirm a diagnosis as suggested by the client's history and/or physical findings b) Assess/monitor ongoing conditions of clients with chronic illnesses, and c) Carry out screening activities.					
I have developed efficient processes for receiving and tracking the results of screening and diagnostic tests.					
I consider best practice evidence on appropriateness, contraindications, safety and cost-effectiveness when ordering screening and diagnostic tests.					
I explain to clients the reasons for ordering specific screening and diagnostic tests and the associated risks and benefits.					
I adhere to employer policies for ordering, documenting and reporting results of screening and diagnostic tests.					

Step 3: Summarize

Use this space to identify strengths, areas for improvement and any plans to improve your scores. This information can be used to develop your learning plan.

Acknowledgement:

Aspects of this self-assessment tool have been adapted from the College of Registered Nurses of Manitoba and the Nova Scotia College of Nurses.