

2027-2028 LPN Self-Assessment

Full Name:

Registration Number:

Practice Setting:

Role:

The self-assessment portion of CCP does not need to be handed in annually. However, it should be kept in your personal files. The document can be saved digitally or as a paper copy.

Step 1: Document Review

The following documents are available on the College website and reviewing them on a regular basis helps to ensure you are up to date. This table can help keep track of when you last reviewed them.

Document	Date Reviewed
Standards of Practice for Licensed Practical Nurses	
Code of Ethics for Licensed Practical Nurses	
Entry Level Competencies for Licensed Practical Nurses	
Confidentiality and Privacy Practice Directive	
Virtual Care Practice Directive	
Documentation Practice Directive	
Medication Management Practice Directive	
Social Media Practice Directive	
Duty to Provide Care Practice Directive	
Therapeutic Nurse-Client Relationship Practice Directive	
Duty to Report Guidance Document	
Multidisciplinary College Guidance Document	
Self-Regulation Guidance Document	
Acceptable Behavior and Communications Policy	
Conduct Unbecoming Policy	

If you are self-employed or practice independently, please also review the following documents:

Document	Date Reviewed
Self-Employed Practice Practice Directive	
Advertising Practice Directive	

If you practice medical aesthetics, please also review the following documents:

Document	Date Reviewed
Aesthetic Nursing Practice Directive	

If you practice foot care, please also review the following:

Document	Date Reviewed
Foot Care	

The lists provided above are not exhaustive; there may be other documents that are important to your specific practice. Please refer to the Professional Practice tab on the website.

Step 2: Reflect on your Practice

Reflect on your practice and rate yourself on a scale of 1-5 for each question below. You can use the space at the end of this section to write notes if needed.

For the purpose of the CCP, the term *client* includes individuals, families, groups, or communities who receive nursing services. For nurses practicing in non-clinical roles, such as education or administration, the client refers to the recipient of professional services.

You will note there is not an option for “not applicable” as these indicators are the minimal practice expectations for all LPNs in Prince Edward Island, regardless of practice setting, and therefore all indicators should apply. If you feel like an area is not applicable to your practice, please contact the Director of Professional Practice at PEICNM to further discuss.

1- Not at all

5-always

Professional Accountability and Responsibility	1	2	3	4	5
Practice within applicable legislation, regulations, by-laws, and employer policies.					
Self-assess their professional practice and competence and participate in continuous learning.					
Share knowledge and expertise to meet client needs.					
Practice within LPN scope of practice and individual level of competence and consult and collaborate when necessary.					
Have a duty to report any circumstances that potentially and/or actually impede professional, ethical, or legal practice.					
Adhere to established client safety principles and quality assurance measures to anticipate, identify, evaluate, and promote continuous improvement of safety culture.					
Advocate for continuous improvements in healthcare through policies and procedures that support evidence informed practice.					
Are accountable and responsible for their own practice, conduct, and ethical decision-making.					
Document and report according to established legislation, regulations, laws, and employer policies.					
Provide leadership to support and/or participate in mentoring and preceptorship.					

1- Not at all

5- Always

Evidence-Informed Practice	1	2	3	4	5
Attain and maintain evidence-informed knowledge to support critical thinking and professional judgement.					
Integrate knowledge of trends and issues in healthcare and society into evidence-informed practice.					
Maintain relevance in practice, in response to changes affecting the profession.					
Understand the LPN role and its contribution to the collaboration with clients and inter- and intra-disciplinary teams to promote client safety.					
Collaborate in the development, review and revision of the plan of care to address client needs and preferences and to establish client centered goals.					
Develop and/or modify the plan of care based on the concepts of individual LPN competence, environmental supports and client need.					
Provide holistic evidence-informed practice that supports the concepts of health promotion, illness prevention, health maintenance and restorative care.					
Apply the nursing process (assess, diagnose, plan, implement and evaluate).					
Practice in a culturally safe manner respectful of diversity, equity, and inclusion.					
Assess client and collaborate with the appropriate person(s) when client status is changed, new or not as anticipated.					
Demonstrate continuing professional development, including compliance with jurisdictional requirements related to continuing competence.					

1-Not at all

5- Always

Protection of the Public through Self-Regulation	1	2	3	4	5
Establish, maintain, and appropriately end the professional therapeutic relationship with the client and their families.					
Collaborate in the analysis, development, implementation, and evaluation of practice and policy to guide evidence informed client-centered care.					
Lead and contribute to a practice culture that promotes safe, inclusive, and ethical care.					

Provide relevant, timely, and accurate information to clients and healthcare team.					
Understand and accept the responsibility of self-regulation by following the standards of practice, the code of ethics, and other regulatory requirements.					
Maintain their physical, mental, and emotional fitness to practice in order to provide safe, competent, and ethical nursing care.					

1- Not at all

5- Always

Professional and Ethical Practice	1	2	3	4	5
Identify personal values, beliefs, and biases and take accountability for the impact they may have on professional relationships and nursing practice.					
Identify ethical issues and respond in the interest of the public.					
Advocate for the protection and promotion of clients' right to autonomy, confidentiality, dignity, privacy, respect and access to care and personal health information.					
Maintain professional boundaries in the nurse/client therapeutic relationship.					
Demonstrate effective, respectful, and collaborative interpersonal communication to promote and contribute to a positive practice culture.					
Demonstrate practice that upholds the integrity of the profession.					
Demonstrate characteristics and attributes of a leader, and the ability to apply formal and informal leadership competence.					

1- Not at all

5- Always

Promote Optimal Health and Well Being	1	2	3	4	5
Provide care for the health and well-being of the person, family, and community.					
Recognize and respect the importance of diverse views of health and wellness.					
Engage in compassionate and non-judgmental interactions.					
Promote healing and recovery through a trauma-informed approach.					

Support harm reduction through choice and the promotion of safer practices.					
Identify and minimize risks to clients, adhering to client safety principles and quality assurance measures.					
Cultivate meaningful and supportive nurse-client relationships.					

1- Not at all

5- Always

Safe Care	1	2	3	4	5
Recognize that social determinants of health influence a client's ability to achieve and maintain health.					
Advocate for the client to receive fair and equitable access to health services and resources.					
Use evidence, knowledge, and professional judgment to guide nursing decisions.					
Develop an understanding of clients' evolving cultural and spiritual paths.					
Promote inclusion, belonging, and environments that are free of racism and discrimination.					
Recognize that the provision of health care is deeply affected by colonial thinking and practices.					
Learn about and seek to address inequities in care faced by clients who are racialized, marginalized, or under-served.					
Seek out and exchange knowledge with First Nations, Metis, and Inuit peoples.					
Recognize one's roles in responding to the Calls to Action of the Truth and Reconciliation Commission of Canada and the Calls for Justice of the National Inquiry into Missing and Murdered Indigenous Women and Girls and 2SLGBTQIA+ People.					
Apply new knowledge, technologies, and scientific advances to promote safety, client satisfaction and well-being.					

1- Not at all

5- Always

Providing and advocating for client dignity, autonomy, and self-determination	1	2	3	4	5
Respect a client's rights, recognizing their diverse backgrounds, values, and beliefs.					
Recognize how multiple aspects of an individual's social identity may result in discrimination or privilege.					
Assist, support, and respect a client's informed decision-making, including when factors reduce the client's capacity to make decisions.					
Adhere to applicable laws and regulatory requirements on capacity-assessment and substitute decision-making when the client is incapable of providing consent.					
Seek assent from those who are unable to provide consent.					
Recognize a client's right to take reasonable risks, which is essential to their dignity and overall quality of life.					
In the case of conscientious objection to the provision of care, inform employer and respect assignment and client needs until a replacement is found.					

1- Not at all

5- Always

Professional Boundaries	1	2	3	4	5
Understand that the nurse-client relationship requires honesty, trust, integrity, respect, professional intimacy, and empathy.					
Accept that maintaining professional boundaries is the LPN responsibility.					
Consider the potential impact of self-disclosure on the therapeutic relationship.					
Be informed and understand the consequences of social media communications on one's relationship with client's employers and the nursing profession.					
Develop an understanding of one's own social identity and act to minimize negative impact of personal values and assumptions on interactions and decisions.					

Challenge one's own biases, privilege, and power within the practice environment.					
Reflect on the clinical, practical, and ethical factors that form the basis of the termination of the therapeutic nurse-client relationship.					

1- Not at all

5 - Always

Personal Well-Being	1	2	3	4	5
Establish goals and mechanisms to address anticipated or unexpected gaps in well-being.					
Self-reflect and seek opportunities for ongoing personal and professional improvement.					
Engage in self-care, including caring for one's psychological well-being.					
Reflect and take action when one's ability to practice safety, competently, or ethically is at risk.					
Report aspects of the practice environment that may affect one's well-being and one's ability to practice safely.					

1- Not at all

5 - Always

Healthy Practice Environment	1	2	3	4	5
Collaborate with clients, their families, and colleagues to promote health and well-being.					
Contribute to an equitable practice environment that is free of discrimination, harassment, oppression, and bullying.					
Engage in opportunities to discuss roles, responsibilities, and expertise of various health professions, including one's own.					
Advocate for and manage time or human resources that will improve outcomes for clients and the health care team.					
Respond to unsafe conditions and harmful behaviors in a timely manner.					

Step 3: Summarize

Use this space to identify strengths, areas for improvement and any plans to improve your scores. This information can be used to develop your learning plan.