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|  | MIDWIFERY CONTINUING COMPETENCY PLAN POLICY |
| | Date Effective: 2022-06-10 |
| | Revised: April 2026 |
| | Next Review Due: 2028-12-01 |

Background

The Regulated Health Professions Act requires PEICNM Council to establish a continuing competence program for all Registered Midwives (RM) to complete for the member to demonstrate their qualifications and competence to practice in a manner that is conducive to the protection of the public.

Continuing competence is the ongoing ability of a RM to integrate and apply the knowledge, skills, judgement, and interpersonal attributes required to practice safely and ethically in a designated role and setting.

An important component of continuing competence is reflective practice. Through reflective thinking, professionals construct meaning and gain knowledge that guides their actions in their present and future practice. Reflection focuses thinking on analyzing a case or experience, identifying strengths and areas for change, applying research and evidence, and planning for future practice through learning plans and goal setting.

Purpose

Continuing competence promotes good practice and contributes to the quality of practice and client outcomes. Assessment of continuing competence promotes lifelong learning and assures the public that a registered midwife can practice safely, ethically, and competently.

Policy

PEICNM members must meet the continuing competence requirements as set forth by PEICNM Council. RMs will be required to:

- 1.1 Complete the CRMC tool or other requirement identified by PEICNM by October 1st of each calendar year.
- 1.2 Based on the CRMC self-assessment ratings, develop a learning plan that includes 1-2 learning objectives, learning activities to meet those objectives, and target date(s) for achieving those objectives. (Please see attached learning plan template).

1.3 All RMs must participate in a minimum of 2 Peer Case Reviews annually, one of which they are the presenter.

- Peer review may be conducted in person, by telephone, or virtually.
- Peer review participants may include midwives or members of the interdisciplinary team.
- Peer reviews should be documented using the [Peer Case Review log](#) and submitted annually as part of registration renewal.
- Midwives in other provinces may participate in peer reviews with midwives in Prince Edward Island (PEI) with the understanding that discussions and recommendations must be based on PEI regulations and PEICNM standards, policies, and guidelines.

1.4 The following must be submitted to the Director of Registration Services by October 1st of each year.

- A written declaration of practice hours indicating that the practice hours requirement has been met.
- Satisfactory evidence of:
 - Having actively practiced midwifery for at least 1000 hours and attended at least 30 births within the 4 years proceeding renewal.
- Provide proof of current certification in neonatal resuscitation, fetal health surveillance, cardiopulmonary resuscitation, and obstetrical emergency. Approved obstetrical emergency courses include but are not limited to:
 - Advances in Labour and Risk Management (ALARM)- Society of Obstetricians and Gynecologists Canada
 - Canadian Emergency Skills Program- Canadian Association of Midwives
 - Midwifery Emergency Skills Workshop - UBC Continuing Midwifery Professional Development



Peer Case Review Log

Name: _____ Registration #: _____

Reporting Year: _____

| | | | Participants (Include Name and Profession) |
|----|-----------------------|--|---|
| 1. | Review Date: | | |
| | # Of Cases Presented: | | |

| | | | Participants (Include Name and Profession) |
|----|-----------------------|--|---|
| 2. | Review Date: | | |
| | # Of Cases Presented: | | |