

Standards of Practice

For Registered Midwives

**College of Nurses and Midwives of Prince
Edward Island**

June 2022



Midwives are registered health care professionals who meet all requirements of registration, continuing competency, accountability, and safe, ethical midwifery practice, as defined by the College of Nurses and Midwives of Prince Edward Island. Midwives may work in a variety of settings, including clinics, hospitals, birth centers and homes and are committed to providing community based primary maternity and newborn care. Midwives are required to practice in accordance with the Regulated Health Professions Act and Regulations, the policies and standards of the College of Nurses and Midwives of Prince Edward Island (CNMPEI), evidence-informed maternity care standards and policies of the employment setting in the best interest of the public.

The Standards of Midwifery Practice outline the professional practice the public can expect from a registered midwife in any setting or role. It provides a framework within which the midwife's practice may be evaluated to ensure that it is consistent with competent, safe, responsible and ethical midwifery practice. It also provides direction to midwives regarding the parameters of their practice and the professional standards they must uphold.

Standard 1

The midwife practices as a primary care provider within the scope of midwifery practice.

The midwife:

- 1.1 Practices within the midwifery scope of practice and their own level of competence;
- 1.2 Demonstrates the competencies required for the delivery of safe and ethical midwifery care;
- 1.3 Manages care within the scope of midwifery practice without supervision (unless conditions on the midwife's registration to practice require supervision);
- 1.4 Is fully responsible and accountable for the care they provide.

Standard 2

The midwife collaborates with other health professionals in maternity care teams.

The midwife:

- 2.1 Recognizes and respects the unique and overlapping scopes of practice of other members of the team;

- 2.2 Establishes collaborative relationships and networks with other health professionals and the community;
- 2.3 Acts as a role model and mentor to midwifery colleagues and other healthcare providers within the team.

Standard 3

The midwife consults with and/or refers to the most appropriate health professional when the care required by the client is not consistent with the current scope of midwifery practice.

The midwife:

- 3.1 Identifies risk factors or health conditions that require consultation with/or referral to a medical practitioner or other health professional, as set out in the PEI Midwives Regulations (2022), and CNMPEI's Guidance Document *Indications for Consultation and Transfer of Care*.
- 3.2 Initiates timely and appropriate consultations with and/or referrals to the most appropriate healthcare provider;
- 3.3 Shares records and relevant information with the healthcare provider who is being consulted or who is assuming responsibility for care;
- 3.4 Documents appropriately in the client's health record when a consultation and/or transfer of care has occurred;
- 3.5 May continue to provide midwifery care when collaborating with other health care providers and document clear delineation of responsibility for aspects of care according to the scope and expertise of each provider involved in care.

Standard 4

The midwife works in partnership with the client.

The midwife:

- 4.1 Develops a plan for midwifery care together with the client;
- 4.2 Facilitates open and interactive communication with the client;
- 4.3 Shares knowledge and relevant information with the client;

- 4.4 Supports the client as the primary decision maker in their care;
- 4.5 Involves the client's family according to their wishes;
- 4.6 Respects the client's value system and cultural needs and beliefs.

Standard 5

The midwife promotes informed choice throughout the childbearing experience.

The midwife:

- 5.1 Provides relevant information to the client in an unbiased manner;
- 5.2 Encourages clients to actively participate in decisions about their care and the manner in which services are provided;
- 5.3 Discusses with the client the scope, standards and limitations of midwifery care;
- 5.4 Acts as an advocate for the client and their newborn;
- 5.5 Respects the client's right to decline treatments or procedures;
- 5.6 Advises the client of maternity care standards and the midwife's professional judgment with respect to safe care.

Standard 6

The midwife ensures continuity of care throughout the childbearing experience.

The midwife:

- 6.1 Provides comprehensive midwifery care during the preconception period and the trimesters of pregnancy and throughout labour, birth, and the postpartum period;
- 6.2 Ensures, within the collaborative team, 24 hour on-call availability to clients';
- 6.3 Identifies, within the collaborative team, the midwife who is responsible for leading and coordinating the client's care;
- 6.4 Makes every effort to ensure that a care provider familiar to the client is available to attend the birth.

Standard 7

The midwife works with clients to select the optimal setting for birth and respects the client's choice of birthplace.

The midwife:

- 7.1 Assesses risk and safety considerations and provides clients with the necessary information to make an informed choice about settings for giving birth;
- 7.2 Assesses and ensures a safe environment for the birth experience;
- 7.3 Uses safety measures to protect self and colleagues from injury and potentially abusive situations.

Standard 8

The midwife recognizes the safest care can be provided when there are two qualified persons, skilled in neonatal and maternal emergencies, present at each birth.

The midwife:

- 8.1 Makes every effort to ensure that a second qualified person (*health care professional/practitioner, midwife, qualified second birth attendant*) who is currently certified in neonatal resuscitation and cardiopulmonary resuscitation assists at every birth, regardless of setting;
- 8.2 Ensures that the second attendant understands and supports the midwifery model of care;
- 8.3 Shall inform the client of the arrangements for a second attendant and ensures the client's consent to those arrangements.

Standard 9

The midwife ensures that no action or omission places the client at unnecessary risk.

The midwife:

- 9.1 Uses current knowledge and evidence-informed guidelines to plan and implement

midwifery care;

- 9.2 Conducts ongoing assessments and modifies the plan of care as required;
- 9.3 Responds promptly and appropriately to emergency situations;
- 9.4 Maintains appropriate equipment and supplies for out-of-hospital birth;
- 9.5 Does not abandon care of a client in the course of labour;
- 9.6 Refers to another appropriate healthcare practitioner when necessary;
- 9.7 Recognizes and reports errors and takes all necessary actions to prevent and minimize harm arising from an adverse event;
- 9.8 Takes action in situations where client safety and well-being is potentially or actually compromised.

Standard 10

The midwife maintains complete and accurate healthcare records.

The midwife:

- 10.1 Uses a documentation system that facilitates accurate communication of information to clients, consultations and institutions;
- 10.2 Reviews and updates records at each professional contact with the client;
- 10.3 Ensures prompt documentation of professional actions, decisions and treatments, screening and diagnostic test results, informed choice discussions with the client and consultations with other professionals;
- 10.4 Ensures that records are legible, signed and dated;
- 10.5 Documents errors, incidents and complaints, reports to the appropriate authorities and initiates restorative actions;
- 10.6 Makes every effort to document events contemporaneously and chronologically.

Standard 11

The midwife ensures confidentiality of client information except in extraordinary circumstances where disclosure is required by law, or where failure to disclose will result in immediate and grave harm to the client.

The midwife:

- 11.1 Establishes procedures and systems for storing, transferring and disposing of client records which protects the confidentiality of information within midwifery practice.

Standard 12

The midwife is accountable to the client, the midwifery profession and the public for safe, competent and ethical care.

The midwife:

- 12.1 Responds to and reports situations which may be adverse for clients and/or health care providers, including incompetence, misconduct and or incapacity of midwives and/or health care providers;
- 12.2 Informs the client as to complaint and review procedures established under the Regulated Health Professions Act and the PEI Midwives Regulations (2022);
- 12.3 Participates in review processes as required by institutional policies and the College of Nurses and Midwives of PEI;

Standard 13

The midwife maintains competencies relevant to their scope of practice.

The midwife:

- 13.1 Engages in continuing education activities appropriate to the midwifery scope of practice, including the management of obstetrical emergencies, as required by the College of Nurses and Midwives policy;
- 13.2 Documents continuing competency activities in the CNMPEI Member portal;
- 13.3 Demonstrates current knowledge and the ability to appraise research findings relevant to midwifery practice;

- 13.4 Engages in reflective practice and seeks feedback from clients, peers and practice partners in evaluating their practice;
- 13.5 Participates in practice reviews to determine areas of improvement and develop learning or action plans;
- 13.6 Integrates relevant research findings and client or peer evaluation into practice;
- 13.7 Uses health information systems to support professional practice.

Standard 14

The midwife shall only order, prescribe or administer those drugs and substances listed in the Regulations.

Standard 15

The midwife shall only collect samples and order, perform and interpret those screening and diagnostic tests for a client or newborn listed in the Regulations.

References

British Columbia College of Nurses and Midwives, (2021). *Standards of Practice*. Accessed on March 11, 2022 from [RM Standards of Practice.pdf \(bccnm.ca\)](#).

College of Midwives of Alberta, (2013). *Standards of Practice*. Accessed on March 11, 2022 from [Standards of Practice - UPDATED to March 2017.pdf \(in1touch.org\)](#).

Midwives of Newfoundland and Labrador, (2019). *Standards of Practice*. Accessed on March 11, 2022 from [CMNL Midwifery Standards for Practice NL Final November 2019.docx](#).

Midwifery Regulatory Council of Nova Scotia, (2018). *Standards of Midwifery Practice*. Accessed on March 11, 2022 from [Standards-of-Practice-May-31-2018-1.pdf \(mrcns.ca\)](#).